

Patient's Guide to Obtaining an OrthoCor™ Active Knee System™

To purchase an OrthoCor Active Knee System please follow the steps below:

1. Print out this entire guide, which includes:
 - a. Prescription and Order Form
 - b. Confidential Health Form
 - c. Frequently Asked Questions
 - d. OrthoCor Reference Guide
2. Print out the OrthoCor patient brochure.
3. Schedule an appointment with your doctor or orthopedist.
4. Bring the guide and brochure to the appointment and discuss with your doctor.
5. Once approved, your doctor must fill out the prescription portion (top half) of the order form. All prescriptions must be signed to be valid.
6. Complete the bottom portion of the form with your contact, billing and shipping information.
7. Fill out the Confidential Health Form. Send the completed prescription and health form with your contact, billing, and shipping information to OrthoCor Medical via fax or mail:

OrthoCor Medical Inc.
ATTN: Orders
80 South 8th St
Ste 4848
Minneapolis, MN 55402

Fax: (888) 314-8870

8. Upon receipt of your prescription and order form, OrthoCor will process and ship your order. For questions about your order, please email buy@orthocormedical.com or call **877.678.7354**.

Confidential Health Form



This information will be used by OrthoCor Medical to help identify your specific clinical indications for use. OrthoCor is obligated to protect the privacy of individually identifiable health information in accordance with applicable laws.

Name _____ Date of Birth _____ Gender _____

Symptoms

These questions should be answered thinking of your knee symptoms during the **last week**.

S1. Do you have swelling in your knee?

Never Rarely Sometimes Often Always

S2. Do you feel grinding, hear clicking or any other type of noise when your knee moves?

Never Rarely Sometimes Often Always

S3. Does your knee catch or hang up when moving?

Never Rarely Sometimes Often Always

S4. Can you straighten your knee fully?

Never Rarely Sometimes Often Always

S5. Can you bend your knee fully?

Never Rarely Sometimes Often Always

Stiffness

The following questions concern the amount of joint stiffness you have experienced during the **last week** in your knee. Stiffness is a sensation of restriction or slowness in the ease with which you move your knee joint.

S6. How severe is your knee joint stiffness after first wakening in the morning?

None Mild Moderate Severe Extreme

S7. How severe is your knee stiffness after sitting, lying or resting **later in the day**?

None Mild Moderate Severe Extreme

Pain

P1. How often do you experience knee pain?

Never Monthly Weekly Daily Always

What amount of knee pain have you experienced the **last week** during the following activities?

P2. Twisting/pivoting on your knee

None Mild Moderate Severe Extreme

P3. Straightening knee fully

None Mild Moderate Severe Extreme

Name _____ **Date of Birth** _____ **Gender** _____

P4. Bending knee fully

None Mild Moderate Severe Extreme

P5. Walking on flat surface

None Mild Moderate Severe Extreme

P6. Going up or down stairs

None Mild Moderate Severe Extreme

P7. At night while in bed

None Mild Moderate Severe Extreme

P8. Sitting or lying

None Mild Moderate Severe Extreme

P9. Standing upright

None Mild Moderate Severe Extreme

Function, daily living

The following questions concern your physical function. By this we mean your ability to move around and to look after yourself during the last week.

A1. Descending stairs

None Mild Moderate Severe Extreme

A2. Ascending stairs

None Mild Moderate Severe Extreme

A3. Rising from sitting

None Mild Moderate Severe Extreme

A4. Standing

None Mild Moderate Severe Extreme

A5. Bending to floor/pick up an object

None Mild Moderate Severe Extreme

A6. Walking on flat surface

None Mild Moderate Severe Extreme

A7. Getting in/out of car

None Mild Moderate Severe Extreme

Name _____ **Date of Birth** _____ **Gender** _____

A8. Going shopping

None Mild Moderate Severe Extreme

A9. Putting on socks/stockings

None Mild Moderate Severe Extreme

A10. Rising from bed

None Mild Moderate Severe Extreme

A11. Taking off socks/stockings

None Mild Moderate Severe Extreme

A12. Lying in bed (turning over, maintaining knee position)

None Mild Moderate Severe Extreme

A13. Getting in/out of bath

None Mild Moderate Severe Extreme

A14. Sitting

None Mild Moderate Severe Extreme

A15. Getting on/off toilet

None Mild Moderate Severe Extreme

A16. Heavy domestic duties (moving heavy boxes, scrubbing floors, etc)

Never Rarely Sometimes Often Always

A17. Light domestic duties (cooking, dusting, etc)

Never Rarely Sometimes Often Always

Function, sports and recreational activities

The following questions concern your physical function when being active on a higher level during the last week.

SP1. Squatting

None Mild Moderate Severe Extreme

SP2. Running

None Mild Moderate Severe Extreme

SP3. Jumping

None Mild Moderate Severe Extreme

Name _____ **Date of Birth** _____ **Gender** _____

SP4. Twisting/pivoting on your injured knee

None Mild Moderate Severe Extreme

SP5. Kneeling

None Mild Moderate Severe Extreme

Quality of Life

Q1. How often are you aware of your knee problem?

Never Monthly Weekly Daily Constantly

Q2. Have you modified your life style to avoid potentially damaging activities to your knee?

Not at all Mildly Moderately Severely Totally

Q3. How much are you troubled with lack of confidence in your knee?

Not at all Mildly Moderately Severely Extremely

Q4. In general, how much difficulty do you have with your knee?

None Mild Moderately Severe Extreme

PLEASE FAX OR MAIL COMPLETED FORM TO ORTHOCOR MEDICAL

OrthoCor Medical, Inc.
80 South 8th Street Suite 4848
Minneapolis, MN 55402

Phone: (877) 678-7354
Fax: (888) 314-8870
Email: buy@orthocormedical.com

OrthoCor™ Active Knee System™

Frequently Asked Questions

Q: What is the cost of the OrthoCor Active Knee System?

A: The retail price of the Active Knee System is \$695.

Q: Is it FDA approved?

A: The OrthoCor Active Knee System is FDA approved for adjunctive use in the palliative treatment of post-operative pain and edema in superficial soft-tissue. It also provides temporary relief of minor muscular and joint aches and pains associated with over-exertion, strains, sprains and arthritis.

Q: Where can I purchase the OrthoCor Active Knee System?

A: Licensed health care practitioners can purchase the OrthoCor Active Knee System can be purchased directly from OrthoCor.

Q: What type of knee pain does the OrthoCor Active Knee System treat?

A: The following conditions have been successfully treated using the OrthoCor Active Knee System: chronic pain, arthritis, swelling, post-operative pain, strains and sprains.

Q: How does PEMF work to reduce the pain and edema?

A: PEMF is a low-level, time varying electromagnetic field that has been proven to effectively reduce pain and edema (swelling) in superficial soft tissue. PEMF helps to activate the body's natural anti-inflammatory and recovery response.

Q: Is the device covered by insurance?

A: The OrthoCor Active Knee System is a direct pay product and is not currently covered by insurance. It is eligible for HSA and Flex.

Q: What are OrthoPods?

A: OrthoPods are single-use treatment packets that activate the PEMF therapy. Each OrthoCor Active Knee System comes with a 15-treatment supply of OrthoPods. Refill OrthoPods can be ordered directly through OrthoCor.

Q: What is the cost of OrthoPod refills?

A: A box of OrthoPod refills costs \$120. Each box contains a 15-treatment supply of OrthoPods. OrthoPod refills can be purchased from OrthoCor Medical for home delivery.

Q: Are there different sizes?

A: The OrthoCor Active Knee System comes in 3 different sizes (Medium, Large and Extra-Large) and can be worn on both the left or right knee.

OrthoCor Medical, Inc. 4848 IDS Center 80 South 8th Street Minneapolis, Minnesota 55402 USA

Phone: 877-678-RELIEF (7354) Fax: 888.314.8870 Email: buy@orthocormedical.com www.orthocormedical.com

Q: How do I determine my size?

A: Measure the distance around the center of the knee.

Medium	Large	X-Large
16-18"	18-20"	20-22"

Q: Why do patients need prescriptions to purchase the OrthoCor Active Knee System?

A: The OrthoCor Active Knee System is a Class III medical device and per FDA regulations, it must be sold by or on the order of a licensed health care practitioner.

Q: Does the OrthoCor Active Knee System use batteries?

A: The OrthoCor Active Knee System uses a rechargeable battery and comes with an adapter to recharge.

Q: How long does the therapy last?

A: Each therapy session lasts 2 hours. The device will automatically shut off after the 2-hour therapy has completed.

Q: Can I try it before I buy it?

A: OrthoCor does not offer trials.

Q: What is the warranty?

A: The OrthoCor Active Knee System has a one-year manufacturer's warranty on any defects.

Q: What is the return policy?

A: OrthoCor does not accept returns nor offer refunds for purchased products. However, the OrthoCor Active Knee System has a one-year limited warranty for manufacturing defects.

Q: What are the indications for use?

A: The OrthoCor Active Knee System is indicated for adjunctive use in the palliative treatment of post-operative pain and edema in superficial soft tissue. It is also used to treat patients with minor muscle and joint aches and pain associated with overexertion, strains, sprains, and arthritis.

Q: How do I find out information about ordering?

A: Please email buy@orthocormedical.com or call **877.678.RELIEF (7354)** for information regarding your order.